



CAMP MOSHAVA I.O.

A NON PROFIT CAMP AFFILIATED WITH BNEI AKIVA OF THE US & CANADA

ALAN SILVERMAN
CAMP DIRECTOR

DR. ZEV JACOBSON
CHAIRMAN CAMP COMMITTEE

HEALTHY SNACKING

Eating healthy foods has become a central tenet of our world today.

Camp Moshava strongly encourages parents to send primarily healthy snacks and seriously restrict the candy, chips and other junk foods that have often been sent with and mailed to children in camp in the past.

We will be monitoring and limiting the amount of junk foods that a child can eat at a particular time and limiting any junk food parties in bunks. Because many parents are STRONGLY opposed to their children eating unhealthy snack foods and don't send such items with their children, it puts these children in a very unpleasant situation when they cannot participate or make a contribution to this kind of group activity.

We are asking for your voluntary but active cooperation with us this summer.

Please send healthy snacks with your children to camp.

Please limit the amount of food sent as we provide snacks and canteen daily to the children.

Thank you so much for your continued cooperation in this matter.

Please note that without cooperation in this matter, we will be forced to adopt a no package policy.

A NUT & PEANUT SENSITIVE ENVIRONMENT

This summer, as in previous summers, we have a number of campers and staff members who have serious allergies to peanuts and other nuts.

Therefore, Moshava is totally nut "sensitive" in all areas.

We will not be serving peanut butter in the dining room. Our bakery has already been nut sensitive for many years. Our canteen is no longer stocking any candies or ice cream with nuts.

We ask that all parents carefully check all items that you include in any care packages to camp.

PLEASE DO NOT SEND ANY ITEMS THAT CONTAIN NUTS, PEANUTS, PEANUT OILS etc.

Please note that our staff inspects all foods that children have with them in camp. Any items that we feel may contain allergens and present danger to other children will be confiscated and donated to charity.

Your cooperation will be greatly appreciated.

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